### Systematic Review

# Expression of Ki-67 in Oral Lichen Planus: A Systematic Review and Meta-Analysis

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KEY WORDS	ABSTRACT							
Ki-67 antigen;	Statement of the Problem: One of the main signs of cancer development is increasing of							
Lichen planus;	cell proliferation activity. Expression of the Ki-67 as a cell proliferation marker is extensive-							
Oral;	ly utilized in pathology studies as an indicator of proliferation in human tumors. According							
Prognosis;	to studies, Ki-67 plays an effective role in the pathology of malignant and pre-malignant oral mucosa lesions.							
	Purpose: The current study aimed to systematically review the Ki-67 expression in oral							
	lichen planus without dysplasia and compare it with oral epithelial dysplasia.							
	Materials and Method: In this meta-analysis, all articles in the English language were							
	searched in databases including Web of Science, PubMed, Embase, Scopus, and Google							
	Scholar until July 2023. MeSH terms and free keywords were used in the search step. Ex-							
Received: 24 April 2023; Revised: 29 August 2023;	pression of Ki-67 in oral lichen planus and oral epithelial dysplasia was analyzed by Com-							
Accepted: 27 September 2023;	prehensive Meta-Analysis software.							
Copyright	Results: Nine hundred and two articles related to the searched words were found. According							
© Journal of Dentistry, this is an open access article dis-	to the selection criteria, 12 retrospective articles were selected. Low quality was not ob-							
tributed under the terms of the Creative Commons Attribution	served in any of the records by the Newcastle-Ottawa scale and most of them had a relative-							
4.0 International License, (http:// creativecommons.org/	ly good quality. Totally, 593 patients were examined. The heterogeneity between studies							
licenses/by /4.0/) which per-	was not significant. The meta-analysis results indicated a significantly lower Ki-67 expres-							
mits reusers to copy and redistribute the material in any	sion in oral lichen planus without dysplasia in comparison to oral epithelial dysplasia.							
medium or format if the origi- nal work is properly cited, and	Conclusion: The more intense expression level of Ki-67 in oral epithelial dysplasia com-							
attribution is given to the creator. The license also	pared with oral lichen planus was observed. The ki-67 expression could be utilized to indi-							
permits for commercial use.	cate the existence and intensity of epithelial dysplasia and disease progression.							
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# Introduction

Oral lichen planus (OLP) is defined by an immune response involving T cells, as well as a combination of increased cell apoptosis and proliferation occurring simultaneously [1-2]. The lesions have a bilateral appearance and it is usually seen as a combination of different clinical subgroups. Grey or white lines might generate a linear or reticular pattern on the background of erythematous [3-4]. A multidisciplinary healthcare team conducts the disease diagnosis process through the patient history survey and physical examination. The clinical diagnosis of OLP is usually possible using investigating history, typical oral lesions, and involvement of skin or nails [5]. However, to distinguish between OLP and other chronic oral conditions that present as white or ulcerative lesions, such as reactive keratosis, epithelial dysplasia, chronic hyperplastic candidiasis, gastrointestinal diseases (such as oral Crohn's disease), discoid lupus erythematosus, and anemic conditions, the biopsy is essential [5]. OLP has been categorized by The World Health Organization as a threat of progression to malignancy and recommends the strict monitoring of OLP patients [6]. According to the previous reports, severe erosive disease, leading to atrophy and lesions needing systemic therapy, has the highest risk of transformation into malignancy [7-8].

Activation or inactivation of tumor suppressor genes that play a role in early carcinogenesis is important in the analysis of malignancy potential. Some of these molecular biomarkers are expressed in early malignant dysplasia lesions continuously. The inability in the clinical and morphological diagnosis of neoplasm might indicate that the lesion is in the early stage of carcinogenesis. Therefore, it could be diagnosed at the molecular level [9-10]. The Ki-67 which is a nuclear protein linked to cell proliferation exists in all cell cycle phases, but it is not found in quiescent cells. The Ki-67 is an exceptional marker that can be used to assess the proliferation of a specific population of cells. The proportion of Ki-67-positive tumor cells is frequently associated with the clinical progression to cancer [11-12].

According to studies that have compared Ki-67 rate in OLP and healthy tissue, the expression of this marker in OLP is considerably higher than in healthy tissue [13-15]. Different results have been reported from the comparison of Ki-67 expression between OLP and oral epithelial dysplasia (OED). Some research works have shown that Ki-67 is an effective factor in the oral premalignant and malignant lesions progression. Therefore, Ki-67 plays the role of indicator for the prediction of OLP status. It was shown that the Ki-67 higher expression is associated with the high proliferation value in lichen planus lesions [13]. Pigatti et al. [14] demonstrated that the Ki-67 expression is a supplementary marker for proliferation in lesions with malignancy potential. The growth in the Ki-67 expression in epithelial dysplasia with a high-risk profile and various degrees of oral squamous cell carcinoma was also reported [15]. However, Mattila et al. [16] concluded that Ki-67 expression is not associated with histological parameters of tissue samples of OLP. Considering the different reports, the current study aims to examine the expression of Ki-67 in OLP prognosis by a systematic reviewing method.

### **Materials and Method**

The current systematic review has been conducted as a

meta-analysis with consideration of the PRISMA guideline. The registration of the review protocol was completed on the PROSPERO database with registration ID: CRD42023388413. The presentation of its research question was conducted based on the patient, intervention, comparison, and outcome in the PICO framework. The main question of this study was "Is there any variation in the expression of the Ki-67 marker in biopsied samples from OLP without dysplasia with OED?"

#### Search strategy

In this paper, all articles in the English language were searched in databases, including Scopus, Web of Science, PubMed, Embase, and Google Scholar until July 2023. In addition to the mentioned databases, the search of reference list of the selected studies and related conferences were done manually. MeSH keywords, via "OR" and "AND" operators and their combination, were used to collect data. The keywords were ("oral lichen planus" OR "oral precancerous lesion(s)" OR "oral premalignant lesion(s) AND ("Ki76" OR "Ki76 Proliferation Index" OR "Ki76 antigen" OR "Ki76 index") AND ("oral epithelial dysplasia ").

#### Study selection

Articles, after extraction from databases, were screened in three steps by two specialists. In the first step, according to eligibility criteria, the titles and abstracts were evaluated by two independent reviewers. The disagreements were settled down by discussion with the third one. The full text of the selected articles was investigated in the next step.

### Eligibility criteria

Inclusion criteria were defined as (1) the cross-sectional, case-control, and cohort studies, (2) studies in which OLP was confirmed histopathologically, (3) studies that reported ki-67 protein expression with a known grading protocol and (4) studies in which the ki-67 expression were compared between dysplastic tissues and OLP.

Exclusion criteria were defined as (1) studies that included potentially malignant oral lesions other than OLP, (2) studies that included patients with only clinical symptoms of oral lichenoid lesions, (3) research works published in non-English languages, (4) studies with animal or biological samples or tissues instead of human tissue, (5) systematic reviews, case reports, and duplicate publications, and (6) low-quality articles according to Newcastle-Ottawa scale (NOS) checklist.

## Quality assessment

NOS checklist has been applied to quality checking of the selected articles and the bias risk of studies (selection, performance, diagnosis, publication bias, and attrition) was evaluated. The NOS checklist for the quality of articles includes 9 criteria in 3 total indices (selection, comparability, and outcome) containing yes or no answers and a final score of 9. A score lower than 5, a score of 5-7, and a score higher than 7 stand for the low quality, relatively good quality, and high quality of studies, respectively [17].

### Data extraction

The data extracted from each study was organized using Microsoft Excel software. The information obtained included the first author; published year, studied groups, sample size, Ki-67 marker expression rate, and the results of studies. The text data were analyzed manually and a significant difference in the Ki-67 marker expression rate in OLP and OED lesions was assessed.

# Statistical analysis

Considering the acceptable rate of heterogeneity, the meta-analysis of data was conducted by Comprehensive Meta-Analysis software version 2 using the fixed model. The Forest plots were used to present the results. To assess the lack of heterogeneity between studies, the  $I^2$  index and Cochran's Q statistic were used. A significance level of less than 0.05 was used to determine statistical significance. The research project received ethical approval from the Regional Ethics Committee of Tabriz University of Medical Sciences in Tabriz, Iran (The code of ethics is IR.TBZMED.REC.1401.267).

#### Results

# Study selection

902 articles related to the searched words were identified through the abstract in the review search. 421 articles, due to the removal of duplicates, and 440 articles, due to non-compliance with the inclusion criteria were removed. 41 articles remained in which 29 articles were removed due to the absence of epithelial dysplasia group, and 12 articles were included in the study finally [14-15,18-27]. The PRISMA diagram indicates the process of articles selection (Figure 1). The information resulting from the survey of articles has been presented in Table 1.

# Study characteristics

12 retrospective studies, which had been conducted on

the paraffin blocks, were entered into this meta-analysis. The sample volume of these studies ranges from 13 to 155 individuals in the age group of above 35 years old. The total number of studied patients was 593. 273 patients affected by OLP without dysplasia and 320 patients affected by OED were in the compared groups. Both genders of men and women were studied.

### Quality assessment

The quality of observational studies entered into the meta-analysis was surveyed using the NOS checklist. 11 studies had a relatively good quality and one study had a good quality (Table 2).

# Meta-analysis

Significant heterogeneity was not observed for the selected cases (Q-value= 2.66, df= 3,  $I^2$ = 0.00, *p* value= 0.45). The meta-analysis results and Figure 2 show that Ki-67 expression in OLP without dysplasia was lower than in epithelial dysplasia lesions. This rate was statistically significant (Odds Ratio=0.297, 95% Confidence Interval=0.18–0.47, *p* value< 0.001). In addition, the results of studies show that with the increase in the degree of dysplasia, Ki-67 expression gets more evident. Therefore, it has great potential in distinguishing OED lesions from OLP.

# Discussion

The Ki-67 expression has been studied in patients affected by OLP and epithelial dysplasia in this systematic review for the first time. The quality of selected articles was evaluated through the NOS checklist. According to the results of this assessment, a score of 6 was acquired for a total mean of the quality of articles. None of the studies had low quality and most studies had an acceptable quality. The lower expression of Ki-67 in OLP compared to epithelial dysplasia lesions was reported in this meta-analysis (Odds Ratio= 0.29, 95% Confidence Interval=0.18-0.47, *p* value< 0.001).

The OLP is characterized by dense T lymphocytes infiltration in the sub-epithelial region and degeneration of basal keratinocytes histologically. Although this lesion, especially its erosive type, is considered premalignant in some cases, its molecular profile is considered more similar to the normal epithelium than the dysplastic one in other cases [1-5]. Various genetic mutations are involved in the changing of normal epithelium to neoplastic one, which destroys the mechanism of apoptosis c-

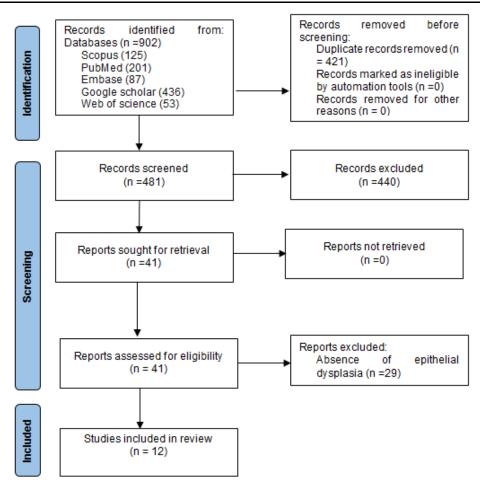


Figure 1: PRISMA chart of the study selection

ontrol followed, by change in cell differentiation. The increase in mitotic activity changes the mature pattern of epithelial cells [11, 28]. The change in the cell proliferation mechanism and apoptosis results in carcinogenesis. In other words, the higher capacity of cell proliferation could potentially be an initial indicator of the development of cancer and a crucial factor in the progression of the disease [10]. The change in the creation and function of proteins associated with these fields might act as a marker in the transformation to malignancy. The Ki-67 is a marker for cell proliferation in the perichromosomal region and its expression is strongly linked to cell proliferation and is commonly utilized in pathology researches as the proliferation indicator for measurement of the proportion of growing cells in human tumors [12, 29].

60-90 minutes has been estimated as the half-life of the Ki-67 antigen. At first the Ki-67 antigen is expressed in the S phase then it gradually increases through S and G2 phases. After cell division, cells enter the G1 phase with a high rate of this antigen and a fast decrease of its amount occurs in this step [11-12].

According to studies, Ki-67 expression is associated with higher degrees of OED may occur in the early stages of oral cancer development [30-32].

Dysplasia is a change starting in the basal and parabasal parts of the epithelium. These abnormal changes are able to involve the whole thickness of epithelium [33-34]. Ki-67 is present in the basal layer's second row in normal epithelium, but in epithelial dysplasia, Ki-67 indicates the accumulative expression from the basal/parabasal layer to the spinous layer [15]. According to the Ono *et al.* [22], accumulative expression of Ki-67 gets more evident with an increase in the dysplasia degree. So, it is useful in the diagnosis of dysplasia lesions from OLP without dysplasia.

In the study by Idrees *et al.* [20] cytomorphological evaluation was associated with 77.27% accuracy in differentiating between OLP/oral lichenoid lesion and OE-D, while a diagnostic index using a Ki-67 based model was 100% accurate in distinguishing cases of lichenoid lesion with OED. The results of Sanketh *et al.* [27] sho-

Authors	Study group	Number	Sex	Age	The number of Ki-67 positive cells (%)	p Value	Results				
Garcia- PolaVallejo -	OLP without dysplasia	10	6F,4M	58	14%	<i>p</i> < 0.05	The ki-67 antigen is a nuclear proliferation marker that allows for distinguishing				
et al. [18]	OED	10	3F/7M	57	79%	<i>p</i> < 0.05	proliferative differences between OLP and OED.				
Girod et al. [19]	OLP without dysplasia	23	-	-	10.7%	p>0.05	Patients with dysplasia had a relatively high proliferative activity (Ki-67 expres-				
	OED	34	-	-	14.2%	-	sion) compared to OLP.				
	OLP without dysplasia	34	-	65.78±11.1	20.28%		Cytomorphological evaluation in distin- guishing between OLP and OED has an				
Idrees <i>et al.</i> [20]	OED	24	-	-	70%	p< 0.05	accuracy of 77.27%. Cellular blocks obtained from oral liquid-based brush cytology with immunohistochemical staining of Ki-67 are trustable and low- degree invasive alternatives for surgery biopsies to diagnose OLP from OED.				
Vinay Kuman at	OLP without	20	-	-	11.03%		Ki-67 expression in OLP was lower than				
Kumar <i>et</i> al. [15]	dysplasia OED	20	-		18.95%	p>0.05	OED but higher than normal mucosa.				
Mittal	OLP without dysplasia	4	-	46.6±9.94	20%	p>0.05	Ki-67 is a proliferative marker for oral				
et al. [21]	OED	35	-	-	30%	1	lesions progression.				
Ono	OLP without dysplasia	83	60F, 23M	59.8	8.4%	<i>p</i> < 0.05	With the increase in the degree of dyspla- sia, Ki-67 expression gets more evident.				
et al. [22]	OED	72	45F, 27M	61.2	30.6%	<i>p</i> < 0.05	So, it has great potential in distinguishing OED lesions from OLP.				
Pigatti	OLP without dysplasia	14	-	32-76	42%	p>0.05	The Ki-67 expression could be considered a supplementary marker for proliferative				
et al. [14]	OED	14	-	41-73	55.7%	<i>p&gt;</i> 0.05	activity in lesions with malignant pote tial.				
Raju <i>et al</i> .	OLP without dysplasia	2	-	39.5 (21-60)	17.5%	p>0.05	There was more intense staining of Ki-67 in epithelial dysplasia compared with				
[23]	OED	25	-	51.1 (30-70)	33.2%	<i>p&gt;</i> 0.05	OLP, which shows its ability as a mark for the presence and severity of dyspla				
	OLP without dysplasia	30	21F,9M	51.8	11.60%		There was a high expression of Ki-67 in 8 out of 30 OLP cases compared to the				
Rosa et al. [24]	OED	30	18F,12M	49.4	14.40%	<i>p</i> >0.05	mean of OED (14.4). Ki-67 expression levels point out that OLP specific lesion might have a moderate malignant potent and it should be followed up closely.				
Shailaja -	OLP without dysplasia	30	14M, 16F	41	% 5.6		OLP and OED groups had a potential affinity for malignancy compared to				
et al. [25]	OED	30	16M, 14F	41.1	7.16%	p> 0.05	healthy people and Ki-67 could be consi ered trustworthy prognosis markers for malignancy.				
Zargaran	OLP without dysplasia	16	15 F,1M	38.37±12.77	13.88 %		The malignant transformation potential for OLP could not be considered definitive.				
Zargaran <i>et al</i> . [26]	OED	20	9 F,11M	57.65±12.03	19.16 %	p>0.05	Ki-67 expression in OLP had no signifi- cant difference with mild epithelial dys- plasia.				
Sanketh et al. [27]	OLP without dysplasia	7	4 F,3M	<40,2;>40,5	57.1%	p>0.05	The ki-67 expression between OLP and OED had no statistically significant differ-				
ci ul. [27]	OED	6	6 M	<40,1;>40,5	100%,		ence.				

Oral epithelial dysplasia lesions (OED), oral lichen planus (OLP)

wed 57.1% and 100% expression of Ki-67 for lichen planus OLP and OED, respectively. According to the study of Vallejo *et al.* [18], the gene expression in dysplastic lesions was significantly more than OLP. Some studies have introduced the Ki-67 gene as a supplementary marker of cell proliferative activity in lesions with malignancy potential [14, 23]. Mittal *et al.* [21] study also indicated that Ki-67 expression increases with disease progression from potentially malignant lesions to malignant ones.

The excessive presence of Ki-67 results in the loss of cell cycle regulation and a rise in cell proliferation ra-

Table 2: The quality of studies using Newc	astle-Ottawa scale (NOS) criterion

		Select	ion		Com	parability		Outcome			
Authors and publication year	Case definition adequate	Representa- tiveness of the cases	Selection of con- trols	Definition of controls	Main factor*	Additional factor <sup>y</sup>	Ascertainment of exposure	Same method of ascertain- ment for cases and controls	Nonre- sponse rate	Total score	Quality z
Garcia-Pola Vallejo <i>et al.</i> [18] 2001	+	+	+	+	-	-	+	+	-	6	Fair
Girod <i>et al.</i> [19] 1998	+	+	-	+	-	-	+	+	-	5	Fair
Idrees <i>et al.</i> [20] 2022	+	+	-	-	+	+	+	+	-	6	Fair
Vinay Kumar <i>et</i> <i>al.</i> [15] 2015	+	+	+	+	-	-	+	+	-	6	Fair
Mittal <i>et al.</i> [21] 2022	+	+	-	-	+	-	+	+	-	5	Fair
Ono <i>et al</i> . [22] 2021	+	+	-	-	+	+	+	+	-	6	Fair
Pigatti <i>et al.</i> [14] 2015	+	+	+	+	-	-	+	+	-	6	Fair
Raju <i>et al.</i> [23] 2005	+	+	-	-	+	+	+	+	-	6	Fair
Rosa <i>et al.</i> [24] 2018	+	+	-	-	+	+	+	+	-	6	Fair
Shailaja <i>et al.</i> [25] 2014	+	+	+	+	+	+	+	+	-	8	Good
Zargaran <i>et al.</i> [26] 2013	+	+	-	-	+	+	+	+	-	6	Fair
Sanketh <i>et al.</i> [27] 2019	+	+	-	-	+	+	+	+	-	6	Fair

\*: Age was matched between two groups. <sup>y</sup>: Sex was matched between two groups. <sup>z</sup>: Good quality (score: >7) and fair quality (score: 5-7), Low quality (score: <5).

te. This secondary increase in cell proliferation is associated with damage to keratinocytes and an increase in the inflammation degree of the lesion [35-36]. The damaged cells in OLP target some complicated mechanisms at the molecular level that arrest the progression of the cell cycle (for repairing damaged DNA and maintaining the stability of genomic) or activate the apoptosis pathway (to destroy cells with damaged DNA). Besides, these damaged cells could enter the cell cycle and get amplified [37]. Despite the fact that the specific mechanisms responsible for the increase in cell proliferation have not yet been determined, it is possible that one of the reasons could be associated with the secretion of cytokines and inflammatory substances from damaged keratinocytes or cells involved in inflammation in OLP [38]. The findings of a study by Zargaran *et al.* [26] indicated a high rate of Ki-67 expression in OLP in comparison with epithelial hyperplasia and it also did not show a significant increase compared to mild epithelial dysplasia. Therefore, to diagnose the potential subtle changes in early steps, the OLP lesions should be followed up carefully and routinely.

OED

Study name		Statist	ics for e	ach study	_
	Odds ratio	Lower limit	Upper limit	Z-Value	p-Value
Girod SC (1998)	0.724	0.141	3.716	0.387-	0.699
ldrees M (2022)	0.108	0.032	0.364	3.599-	0.000
Mittal A (2022)	0.583	0.045	7.504	0.414-	0.679
Raju B (2005)	0.427	0.010	17.989	0.446-	0.656
Ono J (2021)	0.208	0.083	0.524	3.333-	0.001
Shailaja G (2014)	0.776	0.096	6.269	0.238-	0.812
Zargaran M (2013)	0.678	0.111	4.127	0.422-	0.673
Garcia-Pola Vallejo MG (2001)	0.043	0.004	0.452	2.623-	0.009
Vinay Kumar K (2015)	0.252	0.065	0.973	2.000-	0.046
Rosa EA (2018)	0.780	0.172	3.540	0.322-	0.748
Sanketh DS (2019)	0.099	0.004	2.417	1.419-	0.156
Pigatti FM (2015)	0.576	0.129	2.571	0.723-	0.470
	0.297	0.187	0.471	5.159-	0.000

Figure 2: The resulting forest plot of the statistical data meta-analysis

OLP

Due to the lack of a means for definite diagnosis of OLP from epithelial dysplasia, biopsy and immunofluorescence techniques should be applied [6]. So, considering the results of this meta-analysis, the Ki-67 gene could be used in the differentiation of OLP without dysplasia from lesions with OED.

### Conclusion

A more intense expression of Ki-67 in OED compared to OLP was observed. Moreover, the results of studies showed that with the increase in the degree of dysplasia, Ki-67 expression gets more evident. Therefore, it has great potential to distinguish OED lesions from OLP. The Ki-67 expression could be considered as a proliferative marker for indicating the existence and intensity of epithelial dysplasia and disease progression. Finding such markers can identify lesions prone to malignancy and initiate appropriate and early treatment to prevent disease complications, as well as help improve the life quality of these patients. Therefore, this marker may be useful in the early detection and grading of oral dysplasia and be used in cancer prevention programs.

### **Conflicts of Interest**

The authors have declared that no conflict of interest exists.

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